



## **Packages with Sarah Sharp**

### **Package:**

Silver

### **Price/Payment Plan:**

£1200 (3 x £400 payments)

### **Duration:**

12 weeks

### **Package Options:**

Ideal for.....

1. Parent / Child. - Those who have a child who needs therapy or coaching plus family support.
2. Adult therapy or coaching
3. A bespoke package we recommend

### **Package Breakdown:**

1. Parent / Child.
  - Therapy/ Coaching - One session a week for a 12-week period
  - Parent/ Grandparent Support – Between 1 & 5 sessions
  - 1 x Write up Report
2. Adult
  - Therapy/ coaching – Minimum of One session a week for a 12-week period
  - 1 x 10-minute accountability call a week between sessions
  - 1 x Write up Report
3. Bespoke
  - Agreed between parties

Additional services can be added:

- Additional Report - £150
- Additional mini workshop - £150
- Liaison with third parties (other professionals) £70 (up to 1 hour)
- Additional online session with school/ employer - £70 (up to 1 hour)
- Additional online therapy or parent session - £50
- Other – to be agreed



## **Packages with Sarah Sharp**

**Package:** Gold

**Price/Payment Plan:**

£1500 (3 x £500 payments)

**Duration:**

12 weeks

**Package Options:**

Ideal for.....

1. Parent / Child. - Those who have a child who needs therapy or coaching plus family support and also require us to work with school too.
2. Adult therapy or coaching plus us working with your employer/organisation
3. A bespoke package we recommend

**Package Breakdown:**

1. Parent / Child.
  - Therapy/ Coaching - One session a week for a 12-week period
  - Parent/ Grandparent Support – Between 1 & 5 sessions
  - School Liaison – up to 2 online sessions, email communication and resources if required
  - 1 x Write up Report
2. Adult
  - Therapy/ coaching – Minimum of One session a week for a 12-week period
  - 1 x 10-minute accountability call a week between sessions
  - Employer Liaison – up to 2 online sessions, email communication and resources if required
  - 1 x Write up Report
3. Bespoke
  - Agreed between parties

Additional services can be added:

- Additional Report - £150
- Additional mini workshop - £150
- Liaison with third parties (other professionals) £70 (up to 1 hour)
- Additional online session with school/ employer - £70 (up to 1 hour)
- Additional online therapy or parent session - £50
- Other – to be agreed



## **Packages with Sarah Sharp**

**Package:** Diamond

**Price/Payment Plan:**

£2000 (4 x £500 payments)

**Duration:**

16 weeks

**Package Options:**

Ideal for.....

1. Parent / Child. - Those who have a child who needs therapy or coaching plus family support and also require us to work with school plus deliver a mini workshop to school
2. Adult therapy or coaching plus us working with your employer/organisation plus deliver a mini workshop to your employer/organisation
3. ... have two children who require tic management therapy and family support
4. A bespoke package we recommend

**Package Breakdown:**

1. Parent / Child.

- Therapy/ Coaching - between 12 and 14 sessions over the 16-week period
- Parent/ Grandparent Support – Between 1 & 5 sessions
- School Liaison – up to 2 online sessions, email communication and resources if required
- Mini workshop for school
- 1 x Write up Report

2. Adult

- Therapy/ coaching – between 12 and 14 therapy/ coaching sessions over the 16-week period
- 1 x 10-minute accountability call a week between sessions
- Employer Liaison – up to 2 online sessions, email communication and resources if required
- Mini workshop for employer/ organisation
- 1 x Write up Report

. 3. Two children

- Therapy/ Coaching – up to 10 sessions per child over 16 -week period
- Parent/ Grandparent Support – Between 1 & 3 sessions
- 1 x Write up Report per child

4. Bespoke

-Agreed between parties

Additional services can be added:

- Additional Report - £150
- Additional mini workshop - £150

## Terms of Service



- Liaison with third parties (other professionals) £70 (up to 1 hour)
- Additional online session with school/ employer - £70 (up to 1 hour)
- Additional online therapy or parent session - £50
- Other – to be agreed

### **Packages with Alison Wombwell**

#### **Package:**

Silver

#### **Price/Payment Plan:**

£1200 (3 x £400 payments)

#### **Duration:**

12 weeks

#### **Package Options:**

Ideal for.....

1. Those who have a child who needs therapy or coaching plus family support.
2. Adult therapy or coaching
3. A bespoke package we recommend

#### **Package Breakdown:**

1. Parent / Child.
  - Therapy/ Coaching - One session a week for a 12-week period
  - Parent/ Grandparent Support – Between 1 & 5 sessions
  - 1 x Write up Report
2. Adult
  - Therapy/ coaching – Minimum of One session a week for a 12-week period
  - 1 x 10-minute accountability call a week between sessions
  - 1 x Write up Report
3. Bespoke
  - Agreed between parties

Additional services can be added:

- Additional Report - £150
- Additional mini workshop - £150
- Liaison with third parties (other professionals) £70 (up to 1 hour)
- Additional online session with school/ employer - £70 (up to 1 hour)
- Additional online therapy or parent session - £50
- Other – to be agreed



## **Packages with Alison Wombwell**

**Package:** Gold

**Price/Payment Plan:**

£1500 (3 x £500 payments)

**Duration:**

12 weeks

**Package Options:**

Ideal for.....

1. Parent / Child. - Those who have a child who needs therapy or coaching plus family support and also require us to work with school too.
2. Adult therapy or coaching plus us working with your employer/organisation
3. A bespoke package we recommend

**Package Breakdown:**

1. Parent / Child.
  - Therapy/ Coaching - One session a week for a 12-week period
  - Parent/ Grandparent Support – Between 1 & 5 sessions
  - School Liaison – up to 2 online sessions, email communication and resources if required
  - 1 x Write up Report
2. Adult
  - Therapy/ coaching – Minimum of One session a week for a 12-week period
  - 1 x 10-minute accountability call a week between sessions
  - Employer Liaison – up to 2 online sessions, email communication and resources if required
  - 1 x Write up Report
3. Bespoke
  - Agreed between parties

Additional services can be added:

- Additional Report - £150
- Additional mini workshop - £150
- Liaison with third parties (other professionals) £70 (up to 1 hour)
- Additional online session with school/ employer - £70 (up to 1 hour)
- Additional online therapy or parent session - £50
- Other – to be agreed



### **Packages with Alison Wombwell**

**Package:** Diamond

**Price/Payment Plan:**

£2000 (4 x £500 payments)

**Duration:**

16 weeks

**Package Options:**

Ideal for.....

1. Parent / Child. - Those who have a child who needs therapy or coaching plus family support and also require us to work with school plus one other support service. (Ace - ADHD assessment (evidence gathering), EHCP application support or Mini workshop to school.
- 2 Adult therapy or coaching plus us working with your employer/organisation plus a choice if one of the following deliver a mini workshop to your employer/organisation
- 3 Have two children who require ND coaching, and family support
- 4 A bespoke package we recommend

**Package Breakdown:**

1. Parent / Child.

- Therapy/ Coaching - between 12 and 14 sessions over the 16-week period
- Parent/ Grandparent Support – Between 1 & 5 sessions
- School Liaison – up to 2 online sessions, email communication and resources if required
- Choice of a) ace - ADHD assessment (evidence gathering), b) EHCP application support c)Mini workshop to school.
- 1 x Write up Report

2 Adult

- Therapy/ coaching – between 12 and 14 therapy/ coaching sessions over the 16-week period
- 1 x 10-minute accountability call a week between sessions
- Employer Liaison – up to 3 online sessions, email communication and resources if required
- Up to 2 mini workshops for employer/ organisation
- 1 x Write up Report

3.Two children

- Therapy/ Coaching – up to 10 sessions per child over 16 -week period
- Parent/ Grandparent Support – Between 1 & 3 sessions
- 1 x Write up Report per child

4. Bespoke

-Agreed between parties

## Terms of Service



Additional services can be added:

- Additional Report - £150, Additional mini workshop - £150, Liaison with third parties (other professionals) £70 (up to 1 hour), Additional online session with school/ employer - £70 (up to 1 hour), Additional online therapy or parent session - £50
- Other – to be agree

### **Packages with Sarah Sharp and Alison Wombwell**

**Package:** Sapphire

**Price/Payment Plan:**

£1800 (4 x £450 payments)

**Duration:**

16 weeks

**Package Options:**

Ideal for.....

1. have a child who has a complex profile and needs tic management therapy and coaching for co-occurring conditions too (ADHD, Anxiety, OCD, Autism +),  
-need family support – some school liaison
2. adults who have a complex profile and need tic management therapy and coaching for co-occurring conditions too (ADHD, Anxiety, OCD, Autism +), plus us working with your employer/organisation
3. A bespoke package we recommend

**Package Breakdown:**

1. Child - Joint package – Tic and ND package  
-Therapy/ Coaching – Up to 10 sessions with each clinician (split can change) over the 16 weeks  
- Parent/ Grandparent Support – Between 1 & 3 sessions (split over both clinicians)  
- School liaison – via email.  
- 1 x Write up Report joint
2. Adults - Joint package – Tic and ND package  
-Therapy/ Coaching – Up to 10 sessions with each clinician (split can change) over the 16 weeks  
-1 x Accountability message check in week between sessions  
- Employer Liaison – up to 3 online sessions, plus email communication  
- 1 x Write up Report joint
3. Bespoke  
-Agreed between parties

Additional services can be added:

## Terms of Service



- Additional Report - £150
- Additional mini workshop - £150
- Liaison with third parties (other professionals) £70 (up to 1 hour)
- Additional online session with school/ employer - £70 (up to 1 hour)
- Additional online therapy or parent session - £50
- Other – to be agreed

### **Therapy and Coaching Subscription**

Designed for those post programme, who wish to continue with regular sessions

**Package:** Subscription

**Price/Payment Plan:** Rolling £250 a month, to be paid by the dates specified within the invoice.

You understand that if payment isn't made, sessions will not go ahead

**Duration:** - Ongoing

- You understand that one month's notice is required to stop the subscription.

### **Subscription Breakdown**

4 x (up to) 45-minute therapy/ coaching sessions per calendar month (these can be inter changed between client and parent support sessions)

Additional services can be added:

- Additional Report - £150
- Additional mini workshop - £150
- Liaison with third parties (other professionals) £70 (up to 1 hour)
- Additional online session with school/ employer - £70 (up to 1 hour)
- Additional online therapy or parent session - £50
- Other – to be agreed